



Before a big health decision, you deserve to be sure.

2nd.MD connects you with leading specialists for a second opinion through a live video consult. You'll get expert answers about a diagnosis, treatment plan, or medication — with caring, hands-on support at **no extra cost to you.**



When your health changes, questions follow. 2nd.MD can help.



confirm
or clarify a
diagnosis



improve
a treatment
plan



explore safer,
less-invasive
treatments



avoid
unnecessary
procedures



feel confident
about your
care plan

How it works:

- 1 Reach out:** Activate and request a second opinion. A dedicated nurse listens to you and confirms a second opinion is the right next step.
- 2 Get matched:** 2nd.MD connects you with a top specialist who is right for your health needs.
- 3 Find answers:** Meet with the specialist via video, receive trusted advice, and a written summary you can act on.



Activate your benefit